

# MEASURE GUIDE

## HOW TO MEASURE - *CLOTHES*

### CHEST

MEASURE AROUND THE BROADEST PART OF YOUR BUST.

### WAIST

MEASURE AROUND YOUR NATURAL WAISTLINE.

### HIPS

MEASURE AROUND THE FULLEST PART OF YOUR HIPS.

SIZE (ITALY)	48	50	52	54	56	
SIZE (INTERNATIONAL)	S	M	L	XL	XXL	
CHEST	96 CM	100 CM	104 CM	108 CM	112 CM	
WAIST	84 CM	88 CM	92 CM	96 CM	100 CM	
HIPS	100 CM	104 CM	108 CM	112 CM	116 CM	